





SGMC Health Employee High Deductible Health Plan

Coverage for: Individual, Individual + Spouse, Individual + Child(ren), Family | Plan Type: HDHP

 The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. **NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, www.myLuminareHealth.com. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms, see the Glossary. You can view the Glossary at <https://www.healthcare.gov/sbc-glossary> or call 1-800-990-9058 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	For SGMC Health providers : \$2,000/individual or \$4,000/family per calendar year. For preferred providers : \$3,500/individual or \$7,000/family per calendar year. For non-preferred providers : \$7,000/individual or \$14,000/family per calendar year. HSA Employer contribution \$500 individual/\$1,000 family.	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the policy, the overall family deductible must be met before the plan begins to pay. Your employer will contribute to your HSA based on the coverage tier. This deductible applies to Medical and Prescription benefits.
Are there services covered before you meet your deductible?	Yes. Preventive care by an SGMC Health or preferred provider are covered before you meet your deductible .	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost sharing and before you meet your deductible . See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the out-of-pocket limit for this plan?	For SGMC Health providers \$6,000/individual or \$12,000/family per calendar year. For preferred providers : \$7,000 / individual or \$14,000/family per calendar year. Nonpreferred providers : Unlimited.	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan , they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit?	Non-preferred provider deductible and coinsurance , penalties for failure to obtain preauthorization for services, premiums , balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .

Important Questions	Answers	Why This Matters:
Will you pay less if you use a network provider ?	See www.bcbsga.com or call 1-800-810-2583 for a list of preferred providers .	You pay the least if you use a provider in SGMC Health. You pay more if you use a provider in Blue Cross Anthem GA network. You will pay the most if you use an out-of-network provider , and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance-billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist ?	No.	You can see the specialist you choose without a referral .

 All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		SGMC Provider (You will pay the least)	Anthem GA Preferred Provider (You will pay more)	Nonpreferred Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	10% coinsurance	20% coinsurance	50% coinsurance	None
	Specialist visit	10% coinsurance	20% coinsurance	50% coinsurance	None
	Preventive care/screening/immunization	No charge	No charge	Not Covered	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	10% coinsurance	20% coinsurance	50% coinsurance	Benefit includes EKGs.
	Imaging (CT/PET scans, MRIs)	10% coinsurance	20% coinsurance	50% coinsurance	Preauthorization is required. If you don't get preauthorization , benefits will be denied.

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		SGMC Provider (You will pay the least)	Anthem GA Preferred Provider (You will pay more)	Nonpreferred Provider (You will pay the most)	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.caremark.com or call 1-866-644-7527.	Generic drugs	10% coinsurance	20% coinsurance	50% coinsurance	Deductible and coinsurance do not apply to preventive drugs required by the Affordable Care Act.
	Preferred brand drugs	10% coinsurance	20% coinsurance	50% coinsurance	
	Non-preferred brand drugs	10% coinsurance	20% coinsurance	50% coinsurance	
	Specialty drugs	10% coinsurance	20% coinsurance	50% coinsurance	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	10% coinsurance	20% coinsurance	50% coinsurance	Preauthorization is required for some surgeries. If you don't get preauthorization , benefits will be denied.
	Physician/surgeon fees	10% coinsurance	20% coinsurance	50% coinsurance	None.
If you need immediate medical attention	Emergency room care	10% coinsurance	10% coinsurance	SCMC provider benefit applies.	None
	Emergency medical transportation	10% coinsurance	10% coinsurance	SCMC provider benefit applies.	None
	Urgent care	10% coinsurance	20% coinsurance	50% coinsurance	None
If you have a hospital stay	Facility fee (e.g., hospital room)	10% coinsurance	20% coinsurance	50% coinsurance	Preauthorization is required. If you don't get preauthorization , benefits will be denied.
	Physician/surgeon fees	10% coinsurance	20% coinsurance	50% coinsurance	None
If you need mental health, behavioral health, or substance abuse services	Outpatient services	10% coinsurance	20% coinsurance	50% coinsurance	Preauthorization is required for some services. If you don't get preauthorization , benefits will be denied.
	Inpatient services	10% coinsurance	20% coinsurance	50% coinsurance	Preauthorization is required. If you don't get preauthorization , benefits will be denied.

* For more information about limitations and exceptions, see the [plan](#) or policy document at www.myLuminareHealth.com.

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		SGMC Provider (You will pay the least)	Anthem GA Preferred Provider (You will pay more)	Nonpreferred Provider (You will pay the most)	
If you are pregnant	Office visits	10% coinsurance	20% coinsurance	50% coinsurance	Dependent daughters are not covered for this benefit. Cost sharing does not apply for preventive services . Depending on the type of services, a coinsurance may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound).
	Childbirth/delivery professional services	10% coinsurance	20% coinsurance	50% coinsurance	
	Childbirth/delivery facility services	10% coinsurance	20% coinsurance	50% coinsurance	
If you need help recovering or have other special health needs	Home health care	10% coinsurance	20% coinsurance	50% coinsurance	120 visits/calendar year. Preauthorization is required. If you don't get preauthorization , benefits will be denied.
	Rehabilitation services	10% coinsurance	20% coinsurance	50% coinsurance	Medical necessity review required for more than 30 visits per calendar year.
	Habilitation services	10% coinsurance	20% coinsurance	50% coinsurance	Birth through age 18. Medical necessity review required for more than 20 visits per calendar year.
	Skilled nursing care	10% coinsurance	20% coinsurance	50% coinsurance	90 visits/calendar year. Preauthorization is required. If you don't get preauthorization , benefits will be denied.
	Durable medical equipment	10% coinsurance	20% coinsurance	50% coinsurance	Preauthorization is required for equipment >\$500. If you don't get preauthorization , benefits will be denied.
	Hospice services	10% coinsurance	20% coinsurance	50% coinsurance	Preauthorization is required for inpatient hospice. If you don't get preauthorization , benefits will be denied.
If your child needs dental or eye care	Children's eye exam	Not covered	Not covered	Not covered	Routine vision services required by the Affordable Care Act are covered under the preventive care benefit.
	Children's glasses	Not covered	Not covered	Not covered	Not covered
	Children's dental check-up	Not covered	Not covered	Not covered	Not covered

Excluded Services & Other Covered Services:

Services Your [Plan](#) Generally Does NOT Cover (Check your policy or [plan](#) document for more information and a list of any other [excluded services](#).)

- Acupuncture
- Bariatric surgery
- Cosmetic surgery
- Dental care
- Infertility treatment
- Long-term care
- Private-duty nursing
- Routine eye care
- Routine foot care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)

- Chiropractic care
- Hearing aids (children 18 years or younger, limit one per ear, up to \$3,000, every 48 months)
- Non-emergency care when traveling outside the U.S.

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you, too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit www.HealthCare.gov or call 1-800-318- 2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information on how to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: Contact Luminare Health Benefits, Inc. at 1-800-990-9058 or visit us at www.myLuminareHealth.com.

Does this plan provide Minimum Essential Coverage? Yes.

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

Does this plan meet the Minimum Value Standards? Yes.

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-990-9058.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-990-9058.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-990-9058.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-800-990-9058.

To see examples of how this [plan](#) might cover costs for a sample medical situation, see the next section.

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost-sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

- The [plan's](#) overall [deductible](#) \$2,000
- [Specialist copayment](#) 10%
- Hospital (facility) [coinsurance](#) 10%
- Other [coinsurance](#) 10%

This EXAMPLE event includes services like:

[Specialist](#) office visits (*prenatal care*)
 Childbirth/Delivery Professional Services
 Childbirth/Delivery Facility Services
[Diagnostic tests](#) (*ultrasounds and blood work*)
[Specialist](#) visit (*anesthesia*)

Total Example Cost	\$12,700
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In this example, Peg would pay:

Cost Sharing	
Deductibles	\$2,000
Copayments	\$0
Coinsurance	\$1,100
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$3,160

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

- The [plan's](#) overall [deductible](#) \$2,000
- [Specialist copayment](#) 10%
- Hospital (facility) [coinsurance](#) 10%
- Other [coinsurance](#) 10%

This EXAMPLE event includes services like:

[Primary care physician](#) office visits (*including disease education*)
[Diagnostic tests](#) (*blood work*)
[Prescription drugs](#)
[Durable medical equipment](#) (*glucose meter*)

Total Example Cost	\$5,600
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In this example, Joe would pay:

Cost Sharing	
Deductibles	\$2,000
Copayments	\$0
Coinsurance	\$300
What isn't covered	
Limits or exclusions	\$20
The total Joe would pay is	\$2,320

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

- The [plan's](#) overall [deductible](#) \$2,000
- [Specialist copayment](#) 10%
- Hospital (facility) [coinsurance](#) 10%
- Other [coinsurance](#) 10%

This EXAMPLE event includes services like:

[Emergency room care](#) (*including medical supplies*)
[Diagnostic test](#) (*x-ray*)
[Durable medical equipment](#) (*crutches*)
[Rehabilitation services](#) (*physical therapy*)

Total Example Cost	\$2,800
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In this example, Mia would pay:

Cost Sharing	
Deductibles	\$2,000
Copayments	\$0
Coinsurance	\$80
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$2,080

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.